

ORCHARD MEDICAL CENTER, S.C.

YOUR QUARTERLY INSITE

1 / 2022

Quarter One Newsletter

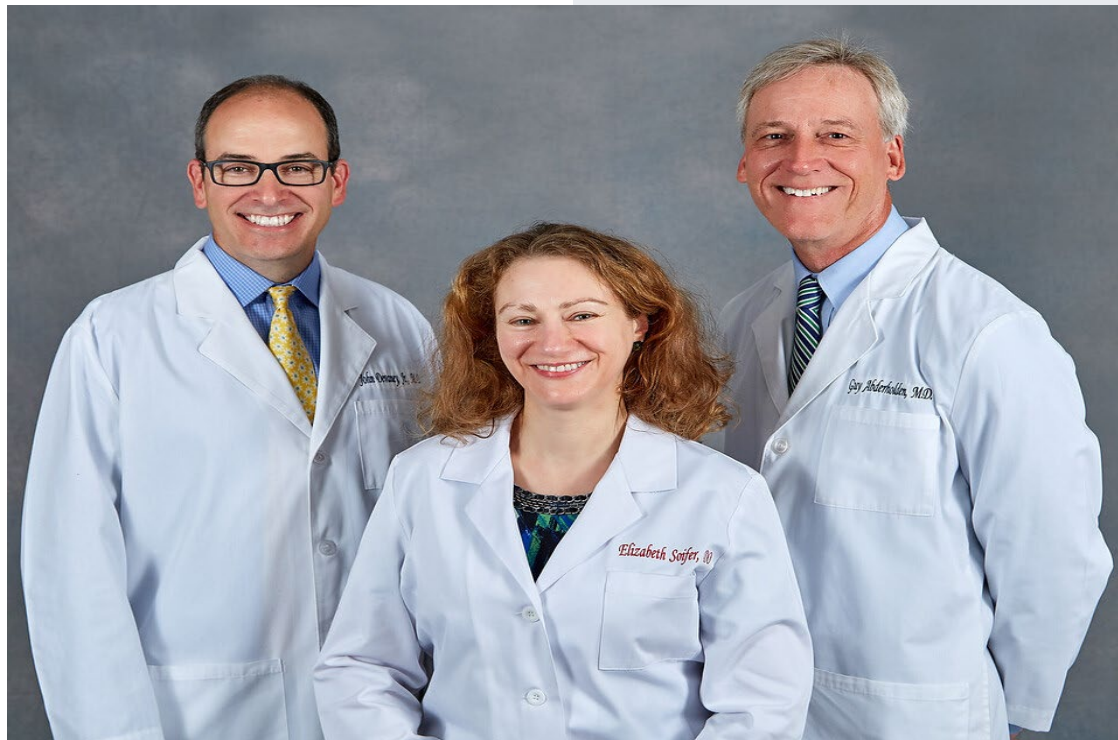
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OUR FIRST NEWSLETTER!

Orchard is excited to announce the start of quarterly newsletters!

These will include updates of what's new within the office, things to come and ways to stay connected to the community!

If there is anything you would like to see in our upcoming newsletters, please feel free to reach out to Briana at 1-847-395-3322 x 121!

REMINDERS

WALK-IN APPOINTMENTS REMAIN UNAVAILABLE UNTIL FURTHER NOTICE.

HOWEVER, WE ARE STILL SCHEDULING SAME DAY APPOINTMENTS FOR ESTABLISHED PATIENTS- OUR PHONE LINES OPEN AT 8 A.M.!

NEW YEAR - NEW INSURANCE!
PLEASE HAVE INSURANCE CARDS AND IDENTIFICATION READY AT YOUR FIRST APPOINTMENT OF THE YEAR.

GOOD NEWS! YOU WILL BE ABLE TO TAKE A PICTURE OF YOUR INSURANCE CARDS WHEN YOU COMPLETE YOUR PRE-REGISTRATION TO SPEED UP THE CHECK-IN PROCESS!

What's Happening...

- Orchard is enthusiastic about announcing upcoming cosmetic changes within our office. As some of you may know, we put new flooring in at the end of last summer and are in the process of revamping our waiting area and exam rooms!
- We are now offering curbside COVID-19 testing for patients with approved insurances!
- Orchard has been making an honest attempt to keep our website up-to-date. If you have not visited our website before, I encourage you to at www.orchardmedicalcenter.com!

On our website you'll be able to make online payments, find instructions on how to set up your patient portal account, patient resources and a dedicated COVID-19 Updates page.

- Similar to many other offices, we are experiencing extremely high call volumes, please be patient and kind to staff as we do our best to get to you as quickly and efficiently as possible.



Annual Wellness Visit

Preventative care is important for children, adolescents, and adults. Everyone is encouraged to get care as needed, make smart choices and make regular screenings a priority.

If we all follow a game plan for better overall health, we will be more likely to win at wellness!

Monthly Health Awareness

- January is Cervical Health Awareness Month. We would like to remind women about the importance of keeping up with your cervical screenings, and encourage those who haven't to call our office to schedule an appointment!
- February is American Heart Month. Heart disease is the #1 cause of death in the U.S., so we encourage everyone to manage their blood pressure, stay aware of their blood sugar, be conscious of their diet, and stay open with their doctors to ensure good heart health!
- March is National Kidney Month. 1 in 3 American adults are currently at risk of developing kidney disease, and it is important to know the risks it can have on the rest of your body such as nerve damage, strokes, anemia, heart attacks, and more. There are tests you can take to help stay aware of your kidney health so please keep an open conversation line between yourself and your provider to ensure your best health.

Community Care Program

Helping older adults live independently

The Community Care Program provides services specifically designed to help older adults receive care from the comfort of their homes.

Services offered include **In-Home Services** (cleaning, preparing meals, laundry, shopping, etc.), **Adult Day Services** that give older adults the opportunity to interact with other people in a supervised setting outside of home, **24-hour Emergency Home Response Service**, and a **Senior Companion!** Senior Companions are volunteers who provide company and assistance for an older adult who cannot be left alone for long periods of time.

To discuss eligibility, the application process, or have additional questions, please call the Senior Help Line at **1-800-252-8966**

QUESTIONS OR CONCERNS? CALL US AT (847) 395-3322